



Hight March 2011

Apply Now for a Bike Rebate!

As the days get warmer and the rain clouds fade away, we are reminded that bike weather is just around the corner! In celebration of this time of year, we have renewed our Bicycle and Accessory Rebate Program.

Here is how it works. The bicycle rebates may be up to 40% of the pre-tax cost of a new bike, with a maximum amount of \$250 for adult bikes and \$100 for children's bikes. The accessory rebate is for adults only and is 40% of the pre-tax cost of a bicycle accessory, with a \$50 maximum. A committee including board, staff, and community members will review all applications, and notify recipients of their awarded rebate. All rebate recipients will be required to attend a cycling clinic before a check can be issued.

Applications are now being accepted and must be postmarked by April 30th. Visit NorthNatomasTMA.org to apply. Hurry and get your application in soon!

Walking Wednesdays Contest

Tell us something about your Walking Wednesdays commute for a chance to win four tickets to a Sacramento River Cats baseball game! Simply submit a picture, poster, painting, essay, or something you think might catch our attention about your Walking Wednesdays commute. Bring your submission to the Walking Wednesdays table located by the side gate by March 30th. The winner will be announced in the first few weeks of April! Please remember to include your first and last name along with a phone number or e-mail.



Have you seen these two on their wheels?

Second grade student MiKayla and her mom, Maria, have been wheel buddies since MiKayla first started kindergarten. Maria has been roller blading alongside her biking daughter as they travel to school in the mornings. Maria thinks this is a great way to start the day and get exercise for both of them. What she most enjoys about participating is watching her daughter's joy when riding to school. She thinks Walking Wednesdays has been a great way to teach her daughter about being active, healthy, and green. Thank you, Maria, for being such a great example!



Maria and MiKayla Thomas

MiKayla has been participating in Walking Wednesdays for three years now. She likes participating in the program because she likes getting her Walking Wednesdays card punched. She also loves exercising, and earning the prizes. She enjoys riding her bike or walking to school three times a week. In her spare time, she likes to work on art projects, dance, and play board games. Whether she is heading to the library to feed the ducks or going out for ice-cream with her mom, Mikayla appreciates riding her bike every chance she gets!



UPCOMING EVENTS:

March 8 - PTA Families in Action Social Night, pizza dinner provided 6:30 p.m.

March 9 - NUSD School Board Meeting 6:30 p.m. 1901 Arena Blvd.

Mystery Wednesday - Walk or bike every Wednesday because it might be treasure box day!



Mark Your Calendars!

In partnership with H. Allen Hight, the North Natomas TMA is bringing you a Bicycle Fix-it Fair on March 30th from 2:00 p.m. to 5:00 p.m. Bring your bikes to the Fix-it Fair where you can find the North Natomas TMA's Mobile Bike Service Station! Bike mechanics will provide free repair and tune-ups in preparation for May is Bike Month. One bicycle per person please. Bikes will be repaired on a first-come-first-serve basis. Brand new helmets will be on sale for the low cost of \$5!

Don't miss the great opportunity!



Cycling Clinics

Are you interested in learning more about smart cycling? There will be two free cycling clinics offered to the public covering bicycle safety, rules of the road, and suggestions for making riding easier and more pleasurable.

April 12th – Women on Wheels – This event is only for women and taught by women.

May 25th – Kids' Clinic – Learn the skills for a fun ride. Bring a parent!

There is no need to bring your bike. All that is required is your willingness to listen and learn!

Location – North Natomas Library from 6:00 p.m. to 7:30 p.m. Please RSVP at least one week prior to the clinic at 419-9955.



Christopher Ramirez

Meet Christopher Ramirez

Christopher is in Mrs. Kreuzer's 3rd grade class and started participating in Walking Wednesdays this year. He enjoys his walks to school especially since he gets to talk with his mom along the way. He says, "I like to walk and protect our planet." He walks to school at least every Wednesday and when the weather is warmer, he walks every day. Christopher's favorite color is blue and he likes to play with his brother. They especially enjoy getting some exercise by jumping on their trampoline!

Thank you, Christopher, for being a Walking Wednesdays participant!

HAPPY St. Patrick's Day! There are 7 differences between the leprechauns below. Can you spot them all?

