



To Be a Flyer, You First Have to Walk!

Footloose Fridays at Heron School is Back!

Starting Friday, August 19th

EVERY Friday morning, all Kindergarten – 3rd grade students that walk or bike to school will receive a punchcard or have their card punched at our Footloose Fridays table, located in the quad!



Students are responsible for their punch card. If you lose your card, you can ask for another, but the punches you earned will not be replaced. You will need to start over.

PLUS... students that walk or bike to school on Fridays and get their card punched, earn a different charm... EVERY WEEK!



Can't Walk from Home?
Join our Walking School Bus!

Cards will not be punched after the 8:15am bell rings

Mark your calendar and set your alarm for every Footloose Friday!



Walkers & Bikers =  Traffic = SAFER TRIPS FOR ALL!

**Get Active, Get Healthy, Get Cool...
Get Walking or Biking to School.**



For more information, contact Kim Read at the North Natomas TMA
[\(916\) 419-9955](tel:(916)419-9955) or kim@nntma.org

Footloose Fridays is a partnership between Natomas Unified School District's Safe Routes Natomas & the North Natomas Transportation Management Association

