

# Walking Wednesdays Punch Card!

ALL Walkers and Bikers will receive their very own *Walking Wednesdays Punch Card!* Every student who participates and gets their card punched on Walking Wednesdays will earn special prizes!



How do I get a Punch Card and participate?

Walk or Bike to school on Walking Wednesdays. Stop by the Walking Wednesdays table on campus to get your card punched every Walking Wednesday

What will I earn for the punches I collect?

Chains will be given with every punch card. For every two punches on your Walking Wednesdays card, you will earn a special Toe Token to add to your chain. Students who walk or bike every Walking Wednesdays, will earn a grand prize at the end of the year.



Where do I keep my Punch Card?

Students are responsible for keeping track of their own punch card. Each card will come with a hook that can be attached to the zipper of your backpack. If you lose your card, you can get another one, but any punches you earned will not be replaced. You will need to start over.

*Walking and biking reduces traffic around school; promotes learning, good health, helps the environment, and it's FUN!!*

For more information, call the North Natomas TMA at 419-9955 or [mellissa@nntma.org](mailto:mellissa@nntma.org).